

Partnering to Promote Nursing Student Engagement with Street-Involved Youth

ACHNE Institute 2019

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Street Culture Project Inc.

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College of Nursing, Regina Campus



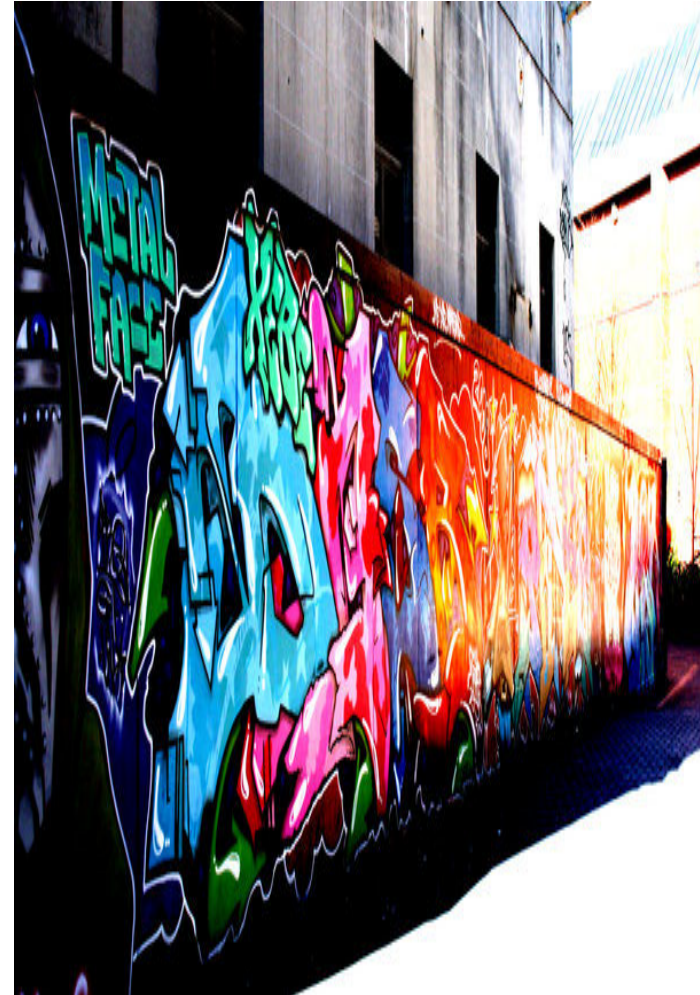
Community Health Nursing Courses

- NURS 430 *Community Health Nursing: Building Partnerships* - 39 hours theory
- NURS 431 *Community Nursing Practice* – 260 clinical hours, instructor supervised clinical practice
- NURS 308 *Mental Health Nursing Practice* – 156 clinical hours, instructor supervised
- Shortage of nursing student placements at public & home health



Alternate Community Clinical Sites

- Placements with NGOs providing services to populations living in disadvantaged circumstances
- Enhanced student learning - Social determinants of health explicit
- Students can more fully engage with marginalized populations – less power imbalance than in institutional settings, life context apparent
- Opportunity to partner with NGOs & delivery upstream programming



Street Culture (SC) Project Inc.

<http://streetcultureproject.org/>



- Longtime placement site, nonprofit charity

“We utilize social entrepreneurship, positive role-modeling, community resources, positive social activities, education-based programming & life-skills training to enable youth to be the change they wish to see within their own lives.”

- Peer homes, emergency youth shelter, mentorship, evening program, soup in the park, transition back to education/employment, reintegrate young offenders, Kidz Club & more



Innovation

- Partnership with SC to expand nursing student role beyond assisting with existing programs
- On Tuesday evening programming at SC – opportunity for nursing students to deliver sessions but external funding required
- Youth - Optional attendance providing alternative to street activities & positive social support
- Nursing students – opportunity to offer mentorship & share health promotion knowledge through respectful & empathetic interactions



- Program management - Nursing students budget, design & deliver Tues. evening sessions
- Street-involved youth invited (not required) to help prepare a nutritious, affordable meal followed by a recreational/educational activity

“What is really exciting is the concept of hands-on mentoring, where the nurses would work alongside the youth to create and serve a meal before the evening’s event. This is exceptional & critical in our efforts around ‘normalizing’ a street youth’s experience in government based housing services.”

Kim Sutherland, CEO, Street Culture



Funding

- U of S Community-Engaged Experiential Learning Grant – Summer 2014 to Fall 2015
- Corporate Sponsor K+S Potash Canada June 2015+



Helping to Engage Street-Involved Youth in Our Community



A partnership between the University of Saskatchewan (U of S) College of Nursing and Street Culture Project Inc., is helping to engage street-involved youth in Regina. Since fall 2014, nursing students from the U of S Regina Campus have developed and delivered two and three hour weekly recreational and educational activities for youth.

Street Culture Project is a non-profit, charitable organization located in Regina that actively works to empower vulnerable youth within the community.

This partnership would not be possible without the generous donation from K+S Potash Canada.



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June 24, 2015

K+S POTASH CANADA SPONSORING COMMUNITY MENTORING PROGRAM



U OF S NURSING PROJECT SUPPORTS YOUTH: K+S POTASH CANADA SPONSORING COMMUNITY MENTORING PROGRAM

SASKATOON - The University of Saskatchewan (U of S) College of Nursing and K+S Potash Canada GP came together today to celebrate an exciting new partnership supporting Regina's Street Culture Project Inc.

K+S Potash will provide \$21,000 distributed over three years to help U of S College of Nursing students in Regina provide mentorship and deliver health promotion programming to youth at Street Culture.

Marie Dietrich Leurer, assistant professor at the College of Nursing Regina Campus, will lead the project.

"As part of the nursing students' community or mental health clinical placement, they will offer weekly sessions at Street Culture designed to provide social support and skill development," Dietrich Leurer said. "Sessions will include preparing meals with the youth, followed by a variety of interactive educational and recreational activities. The youth will be involved in the planning of the sessions, creating a unique and dynamic learning environment for both the Street Culture youth and the nursing students."

"K+S Potash Canada is proud to partner with the U of S and the Street Culture Project, so consistent programming can be offered, which will result in improved health outcomes for vulnerable youth and ultimately, the community of Regina," said Kim Poley, vice-president of human resources and corporate services.

Street Culture is a non-profit, charitable organization that provides support and mentorship to marginalized and under-serviced youth in Regina. Using social entrepreneurialism and positive adult role models, they connect with youth to help change their lives.



College of Nursing
@uSaskNursing

Follow 

Did you know the U of S College of Nursing works with Street Culture Project Inc., in #regina? #yqr @KPlusSPotashCan nursinginthecommunity.usask.ca



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Ethics Approval

- Youth are invited (incentive) to complete an anonymous feedback form at end of each session
- Annual approval from U of S Behavioural Research Ethics Board #Beh 14-217
- Students complete national Tri-Council Policy Statement 2 Tutorial Course on Research Ethics

Consent/Feedback Form



Consent Form – College of Nursing-Street Culture Kidz Youth Engagement Project

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Purpose(s) and Objective(s) of the Research:

- To involve nursing students in research & program delivery as part of their learning experience.
- To determine what strategies and activities effectively engage youth at Street Culture Kidz.

Procedures: At the end of each session you will be given a feedback questionnaire (takes about 10 minutes) to gather your opinions about the session and ideas for activities that could happen at future sessions.

Funded by: K + S Potash
U of S Community Engagement Fund

Potential Risks: There are no known or anticipated risks to you by participating in this research.

Potential Benefits: By filling in the questionnaire, you will help the nursing students to plan future sessions and will help create a summary of activities that youth enjoy and value so these ideas can be shared with other organizations.

Compensation: Each time you submit a questionnaire, you will receive a small gift item worth \$3-5 to thank you for taking the time to share your opinions.

Confidentiality:

- You can complete the questionnaire in private and place it in an individual sealed envelope that will be delivered to Marie so only she will see the responses. You do not include your name so Marie

will not know who wrote which responses. Marie will write a summary of all the answers to share with the nursing students and other researchers so they can use your ideas in planning future sessions. The nursing students will not see your individual answers.

- Summaries of all the questionnaires from the entire project will be written as a report, and presented to the staff of Street Culture Kidz, at conferences and in scholarly articles. Although direct quotes from your answers may be used to illustrate, any identifying information would be removed to protect your confidentiality.

Storage of Data: Marie will collect and store questionnaires in a locked cupboard for 5 years after which they will be destroyed.

Right to Withdraw:

- Your participation is voluntary and you can answer only those questions that you are comfortable with.
- You can participate in any sessions you want regardless of whether or not you choose to fill in the feedback questionnaires at the end.
- You can choose to stop filling in the questionnaires any time you want without explanation or penalty of any kind. We will keep the information from the questionnaires you have already completed up to that point since the nursing students may already have used your ideas in planning future sessions.

Follow up:

Please contact Marie if you would like a copy of the results at the end of the project.

Questions or Concerns:

- Please contact Marie at any time with any questions or concerns.
- This research project has been approved on ethical grounds by the University of Saskatchewan Research Ethics Board. Any questions regarding your rights as a participant may be addressed to that committee through the Research Ethics Office ethics.office@usask.ca or call toll free 1-888-966-2975.

Feedback Questionnaire

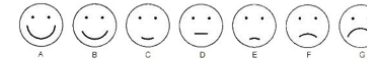
By completing and submitting this questionnaire, **YOUR FREE AND INFORMED CONSENT IS IMPLIED** and indicates that you understand the above conditions of participation in this study.

Date:

Your age:

Today's Activity was:

What did you think of today's session?



What did you like about today's session?

What didn't you like about today's session?

Future Sessions:

What ideas do you have for meals/cooking?

What ideas do you have for fun things the group could do in the future?

What topics would you like to discuss with the nursing students?



Results Thus Far

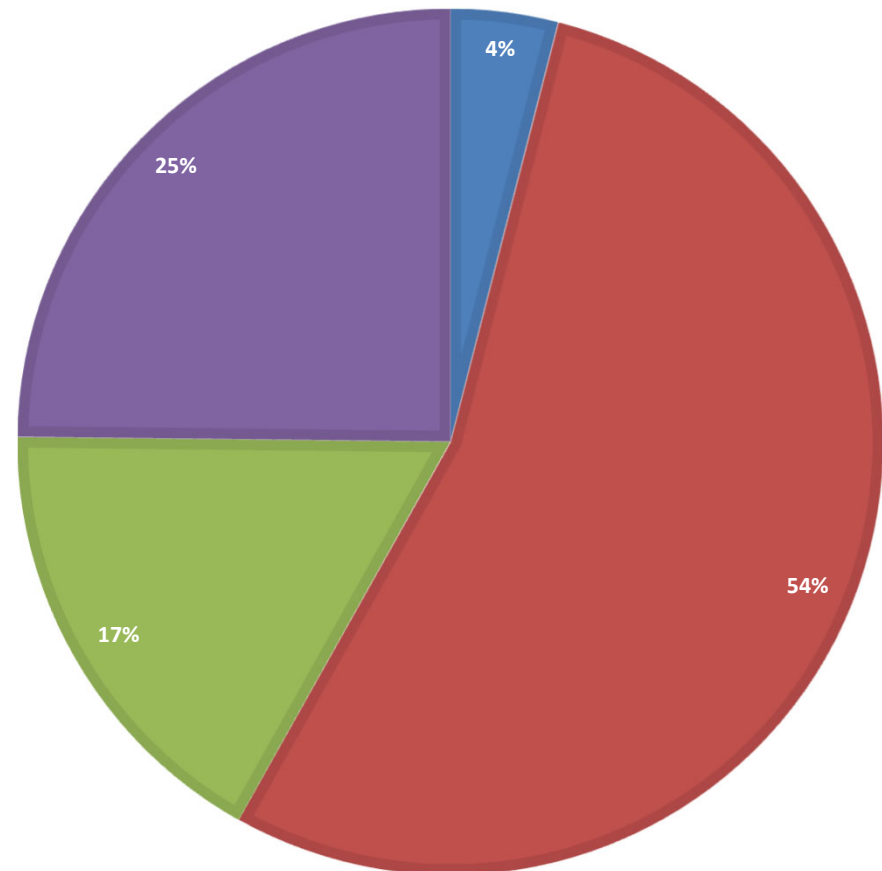
- 13 semesters Fall 2014 to Winter 2019
- 110 sessions
- Youth attendance
 - 1046 meals
 - 806 activity
 - 650 feedback forms for
 - 80.8% response rate

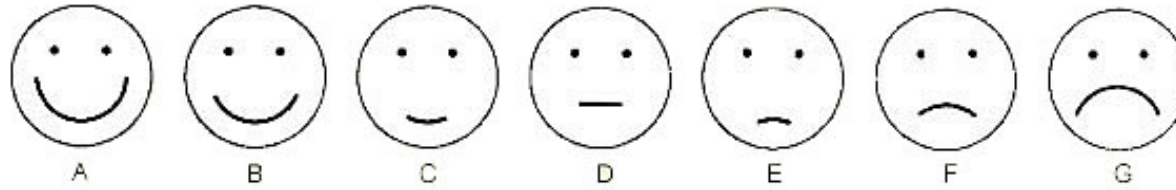




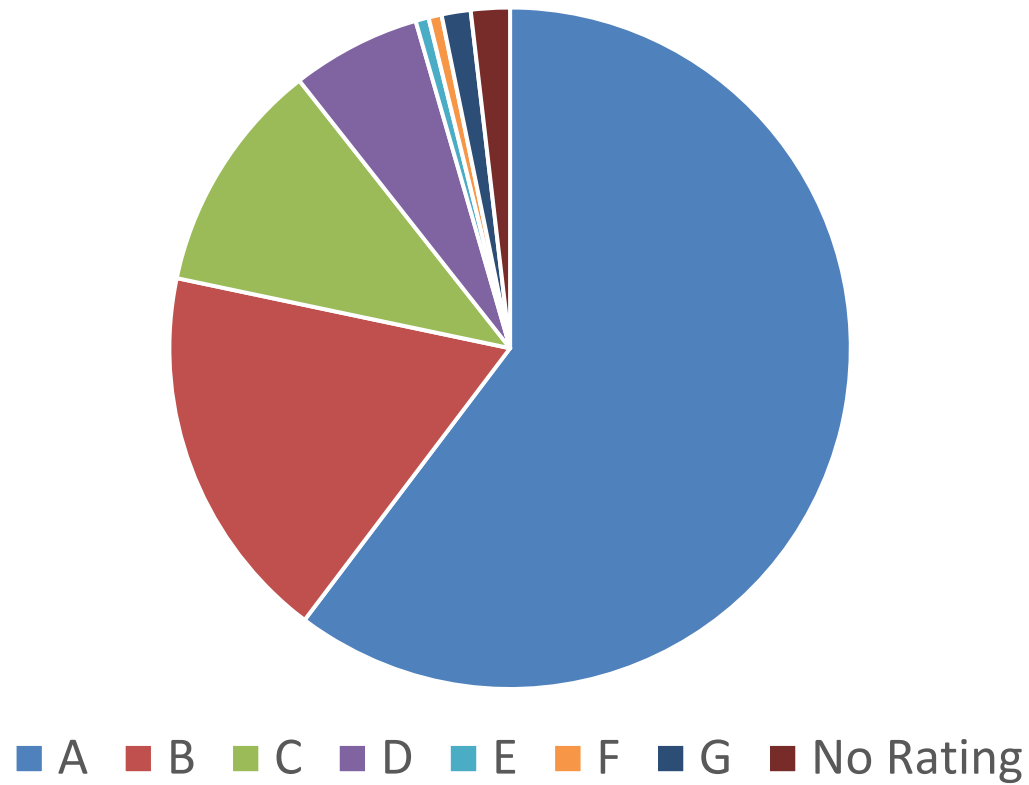
PARTICIPANT AGES FEEDBACK FORMS

■ <15 Years ■ 15-17 Years ■ 18+ Years ■ Blank

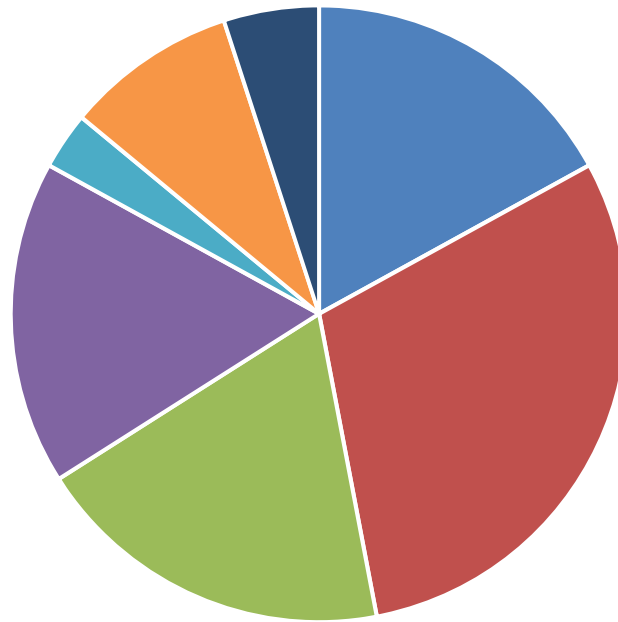




Participant Ratings Feedback Forms



Activities Delivered Fall 2014 to Winter 2019



■ Physical Activity ■ Socialization/Games ■ Health Teaching ■ Arts & Crafts ■ Life Skills ■ Movie ■ Other



Activity Examples

- **Physical:** trampoline, basketball, swimming, walk, yoga, skating, dodgeball
- **Socialization/Games:** board games, capture the flag, Minute-To-Win-It, karaoke, laser tag, spa night
- **Health Education:** sexual health/relationships, self-care, nutrition, exercise, communicable disease, substance abuse, Naloxone kit
- **Arts & Crafts:** painting, tie-dye, collage, positivity jar
- **Life skills:** communication, career planning, coping
- **Movies:** at shelter or theatre, some documentaries
- **Other:** Hockey game, Homeless Memorial, Live theatre, Science Center



Example Instructor Session Report

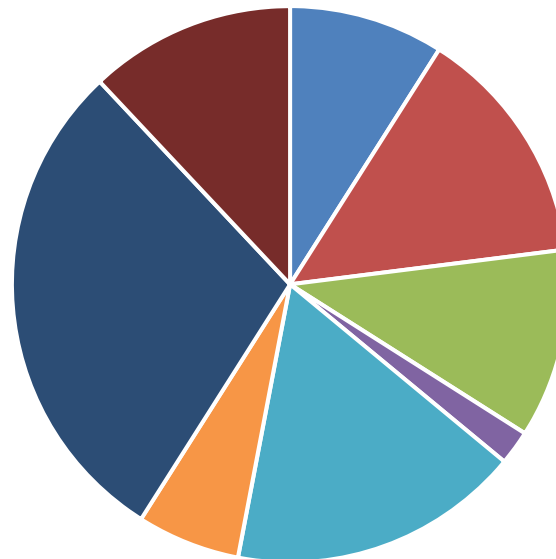
“All youth helped to prepare the meal. Discussed tattoo safety, which they did not seem interested in at the time – but brought it up again at a later date. Spa night included painting nails and talking. Four youth very actively took part, while the other four came and went. The four who were actively involved enjoyed the evening and were able to have a very casual conversation with the nursing students.”



What Topics Would You Like to Discuss with the Nursing Students?

- 62% wrote nothing/do not know/blank
- Graph excludes those answers

Preferred Topics to Discuss with Nursing Students



■ Nutrition
■ Education

■ Mental Health
■ Substance Use

■ Sex Health Relationships
■ Other

■ Communicable Disease
■ Anything

What Youth Liked

Food, the activity, hanging out with everyone, interacting with nursing students, skill development

“All of us cooking taco salad, hung out with us, making a resume”

“Talking with people, having fun”

“Tie dye. It was fun and colorful. I love art”

“Learned about self love”

“Just being around the positive students & making new friends”

“It was great. All of it. GLITTER GLUE!”

“Just talking about drugs & what they do to you”



What Youth Didn't Like

Bored, the food, the activity, interacting with others,
length, weather

"It's too boring"

"Art isn't really my favorite thing"

"I feel like the other youth could be more respectful"

"It was a little awkward because I knew nobody"

"I don't like spicy food"

"Wasn't long enough" "How short it was"

"The weather. It was chilly"

"It was the last one"

"I really don't like bowling, nor am I good at it"



Homeless Memorial



CHALLENGES

Nursing School/NGO/Corporate Model

- Funding sustainability
- Publicity expectations
- Financial management – many little receipts to claim!
- Deliver program that meets needs of NGO population
- Ensuring students maintain a respectful, therapeutic relationship with youth including proper closure



BENEFITS

Nursing School/NGO/Corporate Model

- NGO pleased to have program delivered - unique among student placements
- Increased nursing student engagement with this marginalized population
- Social determinants of health very evident
- Students must respond to needs/desires of youth – learn to be client-centered
- Program management – students plan/budget and deliver an evolving program

LESSONS LEARNED

Nursing School/NGO/Corporate Model

- Helpful to have long-term, committed clinical instructor on-site
- Well-established relationship with NGO
- Funding request will be rejected by corporations – keep trying and seek help from institutional fundraising department
- Other clinical sites may want similar program
- Extra work is worth it!

Thank you.

Questions?

