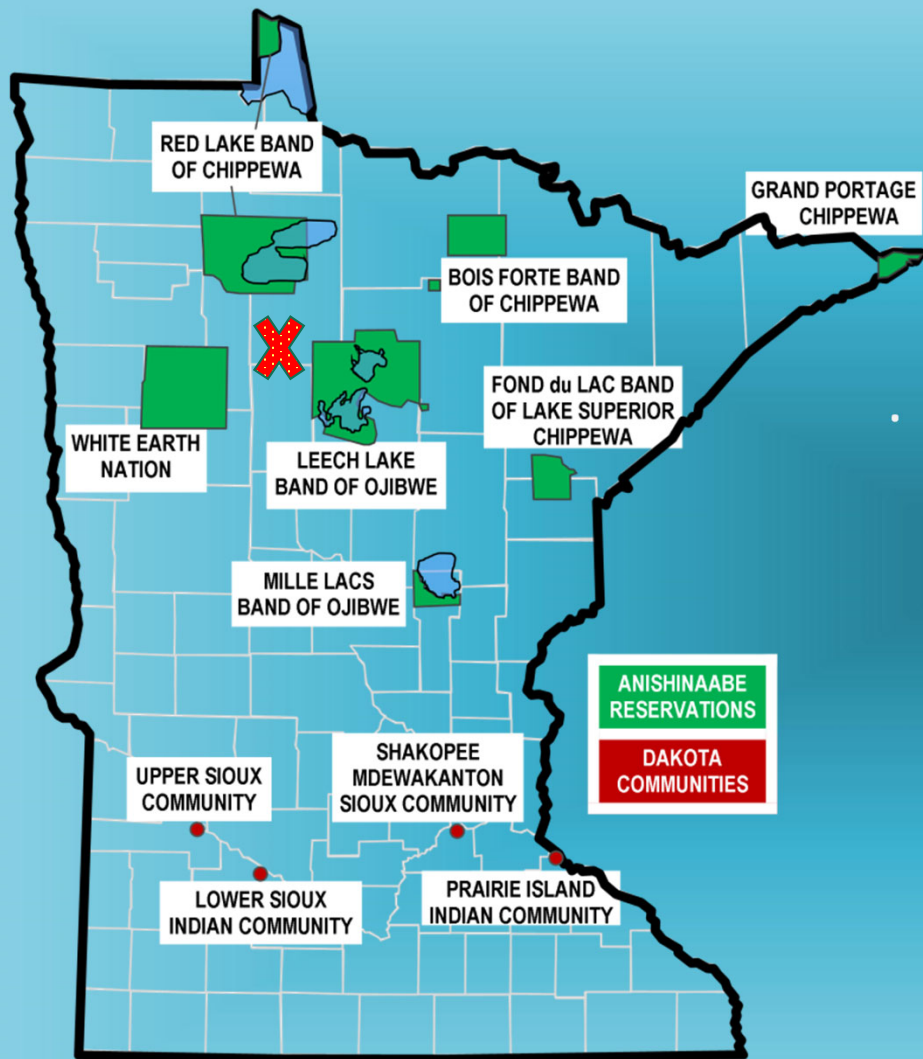


All images from googleimages unless marked

# American Indian Health Issues & Nursing: An Undergraduate Course

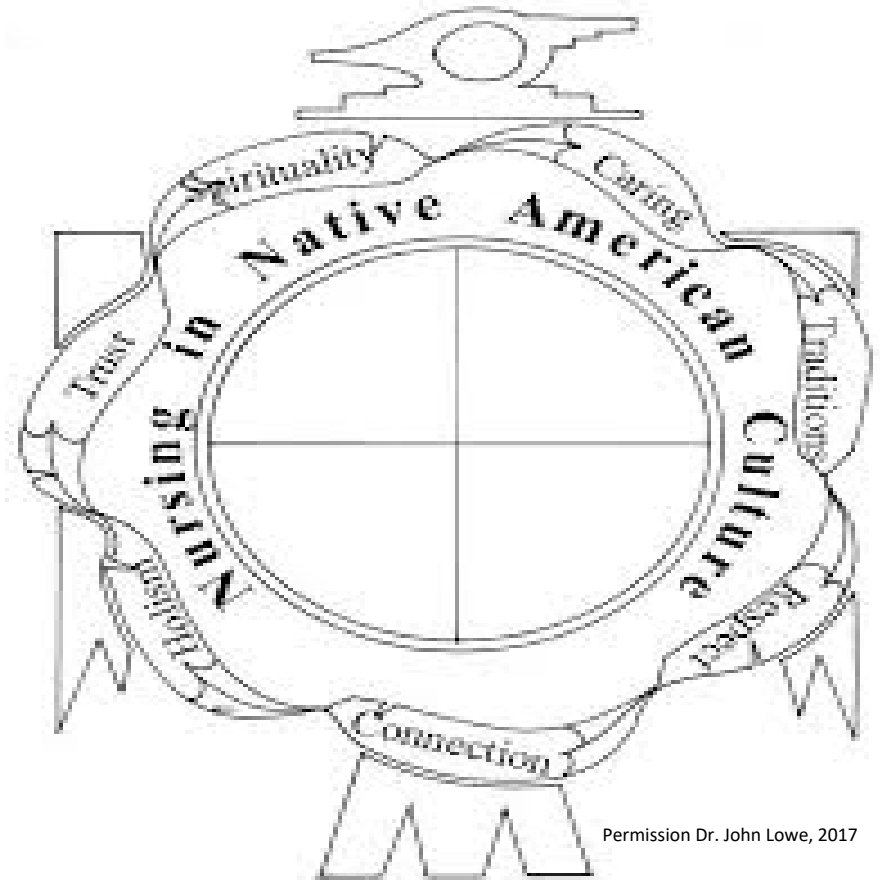
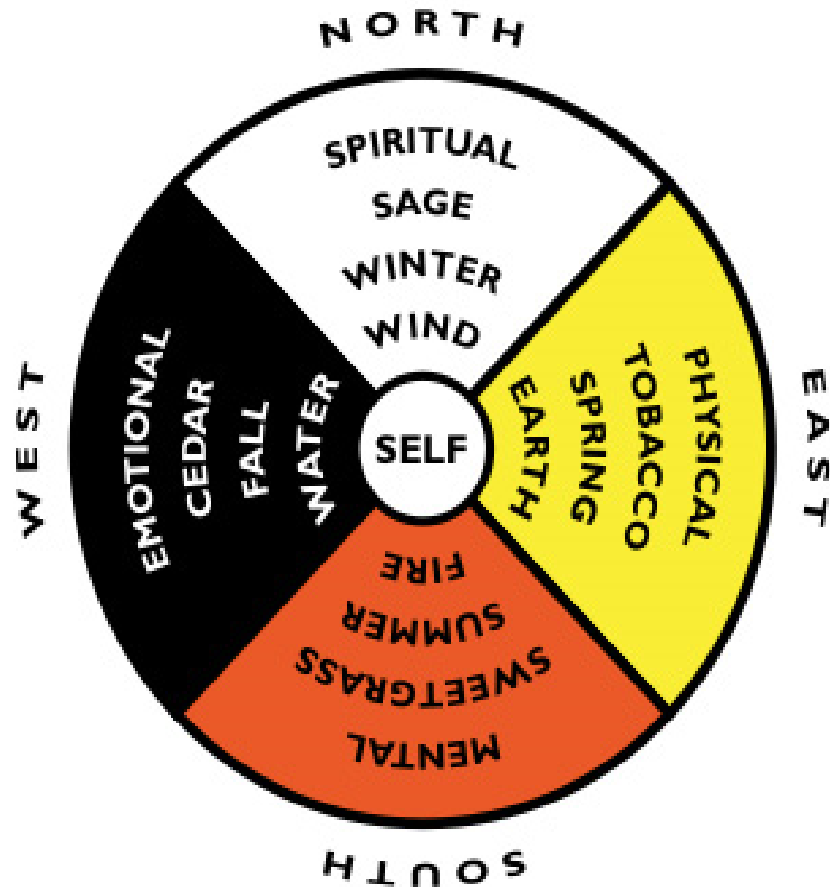
Mary Fairbanks, DNP, RN, PHN  
May 31, 2019



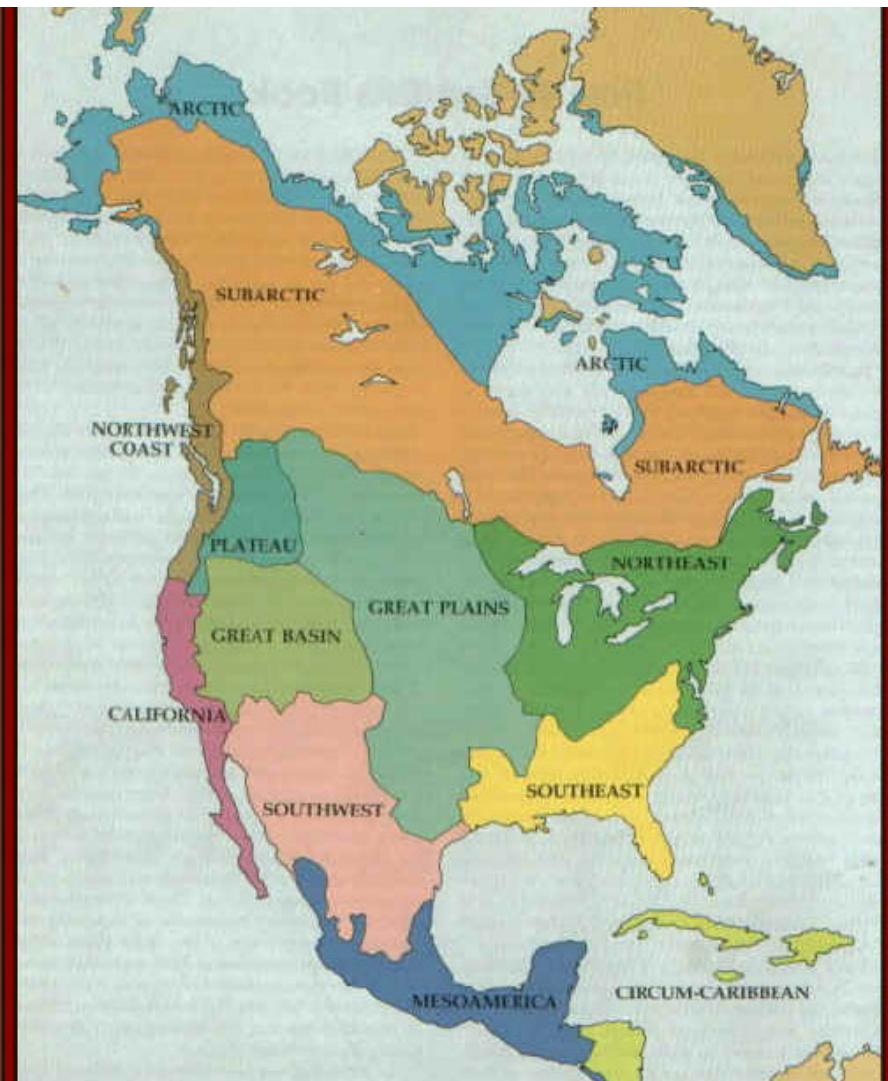
### Learning Outcomes

- Describe selected nursing care dimensions of the Nursing in Native American Culture model and the Native American Medicine Wheel in educating nursing students.
- Examine the historical, policy and cultural factors that affect the health of American Indians in current times.
- Explain how teaching about these factors supports nursing care with American Indians.

# Course Framework Models



Permission Dr. John Lowe, 2017



# Tribal Regions

<http://www.snowowl.com/mapcontents.html>

•Health Nurse Educators

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WHUP IQ D WIR Q



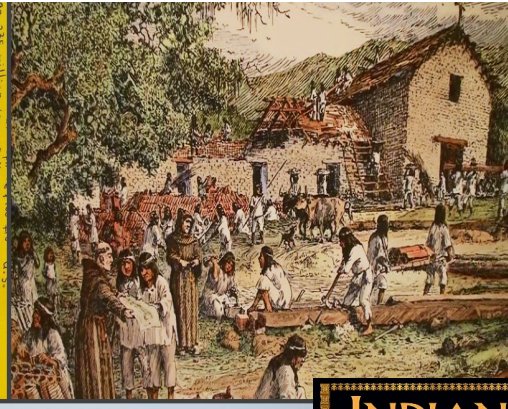
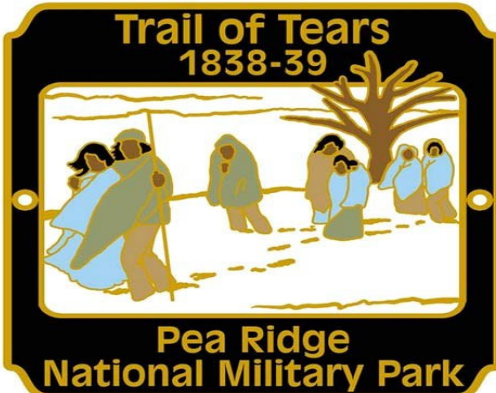
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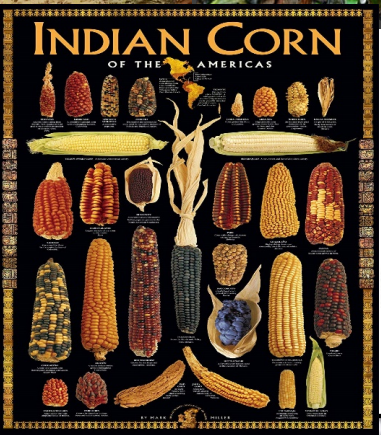


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CBSnews.com  
<https://www.thestoryoftexas.com/discover/campfire-stories/native-america>



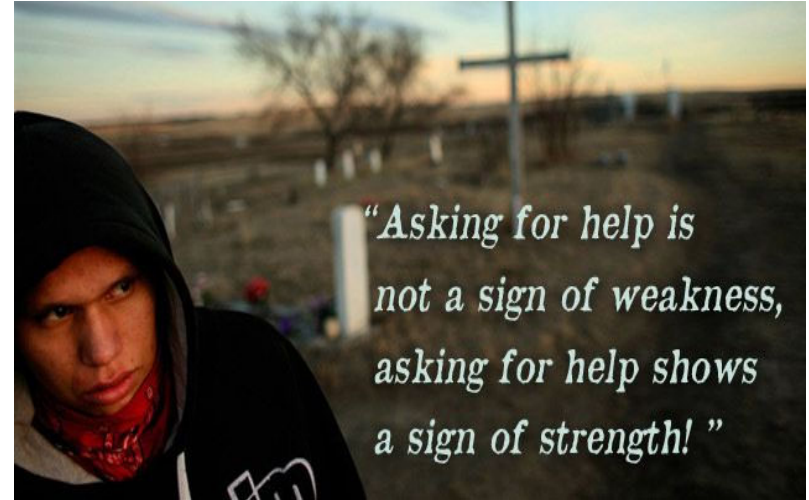
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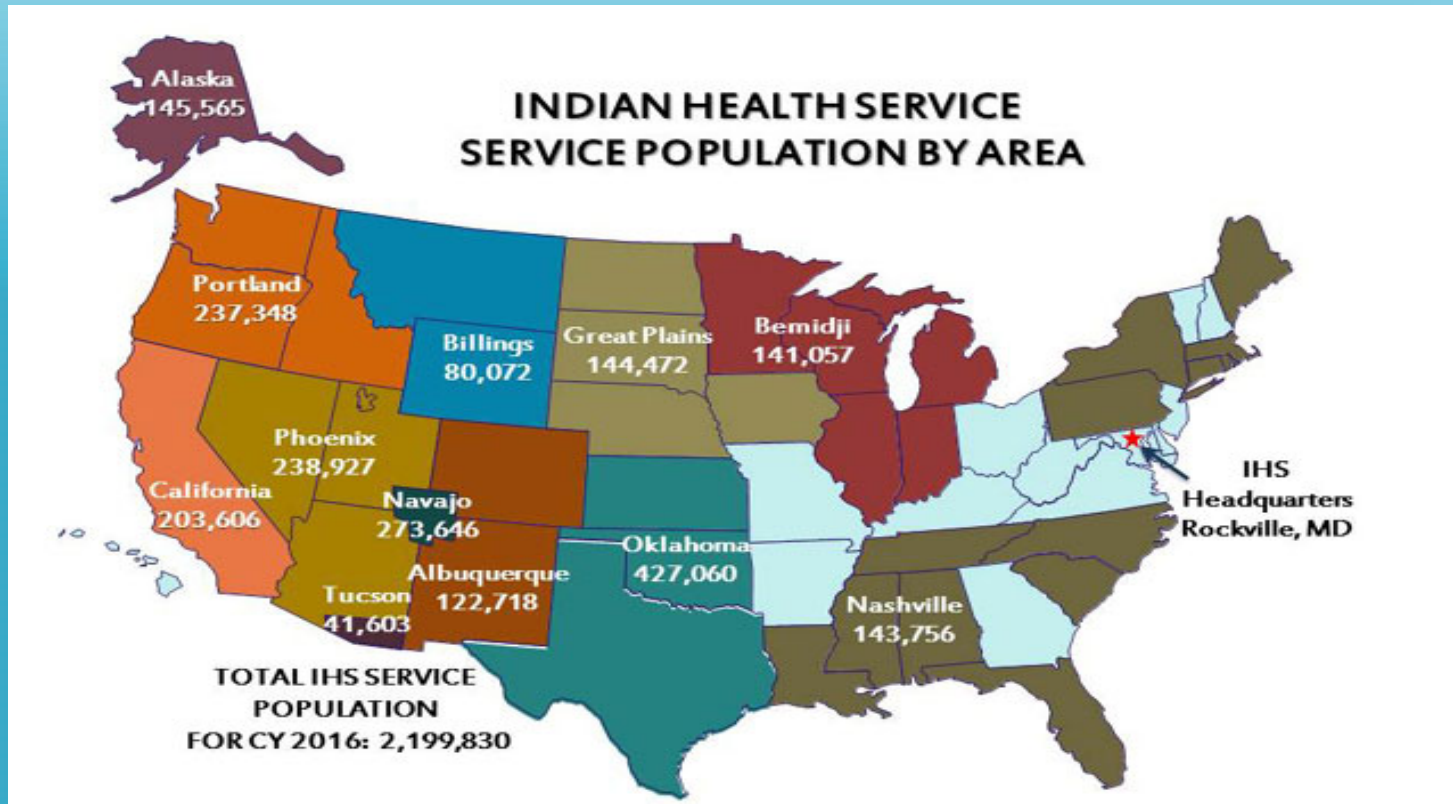


## AI Health Disparities

- 2.5 Million AI/AN ~ 2% of US population (US Census, 2015)
- AI/AN have much higher death rates than Whites.
  - Influenced by diabetes, smoking, drinking & social determinants (Espey et al, 2014).
- Leading causes of AI/AN deaths
  - heart disease
  - cancer
  - unintentional injury
  - diabetes
  - chronic liver disease & cirrhosis (Jacobs-Wingo et al 2015]
- AI die at higher rates than other American (IHS 2017)
- Missing & murdered indigenous women is gaining attention ~ has been ignored
- Opioid epidemic OD largest increase in mortality rates 2.7x
- AI life expectancy is 4.4 years < US All races (IHS 2017)



Policy ~  
 US  
 Spending  
 on  
 American  
 Indian  
 Health Care



**American Indian/ Alaska Native Federal Spending (US General Accounting Office 2017)**

Medicaid	Medicare	Veterans Health Administration	Indian Health Service
\$8,109	\$13,185	\$10,692	\$4,078



NURSING CARE  
PREVENTION &  
HEALING



# What do students say?



**“...this class has been informative and interesting. I feel it will impact how I care for AI's, specifically in giving me the knowledge of the AI culture to better build therapeutic relationships and plan care holistically. “**

**“Words are inadequate to express the knowledge I have acquired in this course. I have learned a lot about the regional distribution of the tribes of Native America, their beliefs, values, and health practices.”**

**“I feel so fortunate to have taken this class. There is so much important information that I was never really exposed to prior to taking this class. I feel much more confident in going forward caring for this population.”**

**“Thanks for teaching this important course!”**

**“This was a very enriching and well developed course to help nursing students to understand the difficulties that the AI/AN face in regards to health disparities, poverty, and historical traumas. I thank you so much for having this class available.”**

**“All nursing students should take this class.**

**“The thing that has made an impact on me with taking this course is that AI/AN have suffered a great deal at the hands of our government, with poorly funded health care, taking of their land, and all of the other atrocities that has and still are being done. I know that when I care for AI/AN patients I will be more understanding of their health issues and I will deliver more compassionate care.”**

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# We Shall Remain



StyleHorse Collective